



PERSONAL CARE ASSISTANT SERVICES

Home Health Care, Inc. offers PCA services that help a person with day-to-day activities in their home and community. PCA services are available to people enrolled in a Minnesota Health Care Program.



Who can get PCA services?

You must:

- Enroll with MA (Medical Assistance), a MCO (managed care organization), Minnesota Care expanded benefits, AC (Alternative Care) or a waiver program.
- Make decisions about your care or have someone to make decisions for you.
- Provide for your own health and safety or have a responsible party that is able to do so.
- Live in a home or apartment.
- Meet access criteria.
- Have a PCA assessment to see if you qualify for services.

What services are available?

PCAs provide services and support to help you with:

- Activities of daily living, such as bathing, grooming, and getting into and out of bed.
- Health related procedures and tasks, such as assistance with self-administered medications.
- Observation and redirection of behaviors, to keep you safe at home.
- Instrumental activities of daily living, such as housekeeping, shopping and meal preparation.

How do I schedule an assessment?

It depends on which health care program you are with. Your assessment should happen within 30 days of contacting one of the following:

- If you are on MA, AC or a waiver program, contact your **County Health Agency** (see phone list on back).
- If your county has contracted with a managed care organization, contact your assigned **Case Manager**.

What can I expect at the assessment?

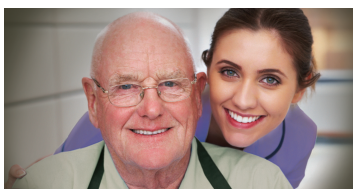
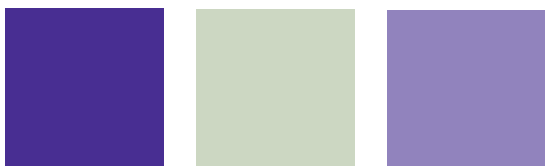
The assessment takes about one hour and is done in your home.

Questions will determine if you need a responsible party, and be about:

- The types of help you need on an average day
- Your medication
- Your health
- Your behavior

What happens after the assessment?

- You will get a copy of your PCA Assessment and Service Plan within 10 days.
- You will also receive a service agreement letter that tells you how much PCA time you can get.
- You need to contact Home Health Care, Inc. to schedule your services.
- A new evaluation is needed yearly, or when your health changes.



COUNTY HEALTH AGENCY CONTACT INFORMATION



Anoka County Government Center	763-422-7000
Carver County Community Social Services	952-361-1600
Chisago County Health & Human Services	651-213-5600
Dakota County Social Services	651-554-6115
Hennepin County Human Services & Public Health Department	612-348-4111
Isanti County Health & Human Services	763-689-1711
Ramsey County Human Services Department	651-266-4444
Scott County Health & Human Services	952-445-7751
Sherburne County Health & Human Services	763-765-4000
Washington County Community Services	651-430-6455
Wright County Human Services	763-682-7456



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From Our Home To Yours